

Movenpich Hotel Jeddah Menu

Breakfast

Oriental Breakfast Sar 75

Allergy to (Dairy, Wheat, Sesame, Soy)

Your favorite choice of juices (Fresh Orange juice 112 calories, Watermelon 75 calories, Grape fruit 96 calories, Carrots 100 calories)

Hot fowl madams with condiments 166 calories , Cheese plater 246 calories, Hummus 50 calories, Labna 60 calories and Green Salad 20 calories, Fresh Bread basket 530 calories, Honey 60 calories, Butter 35 calories, red tea 0.3 calories, green tea 2.5 calories, Coffee 2.4 calories

American Breakfast Sar 85

Allergy to (Eggs, Wheat, Sesame, Dairy)

Your favorite choice of juices (Fresh orange juice 112 calories , Watermelon 75 calories, Grape fruit 96 calories, Carrots 100 calories) Fresh eggs with your choice (Omelet 323 calories, boiled 78 calories, scramble eggs 91 calories) Golden Pancake 91 calories topped with maple syrup 220 calories, Fruit platter 97 calories, Plain yoghurt 107 calories or Fruits yoghurt 162 calories, Corn flakes 230 calories, Fresh bread basket 530 calories, Honey 67 calories, Hot Chocolate 151 calories, Butter 35 calories, Red tea 0.3 calories, green tea 2.5 calories, Coffee 2.4 calories

Swiss Breakfast Sar 75

Allergy to (Dairy, Wheat, Sesame)

(Fresh bread basket 530 calories, Croissant 272 calories, Danish 263 calories, Muffin 212 calories, Toast 128 calories, Honey 60 calories, Butter 35 calories, Swiss Cheese 424 calories, Cold Cuts 114 calories, Muesli 348 calories, Plain yoghurt 107 calories or Fruits yoghurt 162 calories, Red tea 0.3 calories, green tea 2.5 calories. Coffee 2.4 calories

Soup

Lentil Soup Sar 30

Allergy to (Wheat)

Ingredients

(Red onion, Celery, Carrots, Fresh tomato, red lentil, Corn oil, Salt, Cumin powder, Coriander powder, Fresh garlic, Broth 139 calories))

Tomato Basil Soup Sar 30

Allergy to (Dairy, Wheat)

Ingredients

(Red onion. fresh tomato. Fresh garlic. olive oil. basil leaves. Broth 216 calories)

Seafood Chowder Soup Sar 40

Allergy to (Fish, Shell fish, Wheat)

Ingredients

(Butter, Red onion, Flour, Celery, Fish broth, cooking cream, Shrimp, Fish, Salmon, Salt, pepper) (265.5 calories)

Salad

Mix Oriental Mezza Sar 55 Allergy to (Soy, Dairy, Wheat)

Ingredients

(Mutable 181 calories, Hummus 100 calories, Fattoush 90 calories, Vine leaves 93 calories, Tabouleh 136 calories)

Caesar salad with your choice (Chicken or Shrimp) Sar 55

Ingredients **Allergy to (Dairy, Eggs, Fish, Wheat)**

(Lettuce, Chicken, Shrimp, Crouton, Parmesan Cheese, Caesar Dressing)

Chicken Caesar (530 calories)

Shrimp Caesar (360 calories)

Mix Green Salad Sar 40

Ingredients

(Fresh Tomato, Fresh Cucumber, Fresh Lettuce, Fresh Rocca, Fresh Radish, Fresh Lemon, Olive oil, Salt, Cumin)

(99.5 calories)

(.....)

Greek Salad Sar 50 Allergy to (Dairy)

Ingredients

(Fresh Tomato, Fresh Cucumber, Fresh Lettuce, Fresh Rocca, Fresh Radish, Fresh Lemon, Olive oil, Salt, Cumin, Feta Cheese, Black Olives)

(358 calories)

Main Course

Beef steak with Mash potato with your sauce (Pepper or Mushroom) Sar 150

Allergy to (Dairy)

Ingredients

(Beef Tenderloin, Potato, Milk, Demiglace sauce)

(614 calories)

Salmon Fillet with Sautee Vegetables with Lemon Cream Sauce Sar 120

Allergy to (Fish, Dairy)

Ingredients

(Salmon fillet, Mix vegetables, Lemon, Cooking Cream)

(282 calories)

Oriental Mix Grill served with French Fries and Garlic Sauce Sar 110

Allergy to (Eggs)

Ingredients

(Veal Tenderloin, Chicken Breast, Lamb Chops, Lamb Leg)

(525 calories)

Biryani of your choice (Chicken or Lamb) Served with Rita Sar 75

Allergy to (Dairy)

Ingredients

(Rice, Lamb, Chicken Breast, Yoghurt, Corn Oil, Biryani Masala)

(481 calories)

Sandwiches

Beef Burger Sandwich served with French Fries Sar 55

Allergy to (Wheat, Dairy, Eggs, Sesame)

Ingredients

(Mince Beef, Sesame Bread, Lettuce, Tomato, Mayonnaise, Cheddar Cheese)
(240 calories)

Turkey Club Sandwich served with French Fries Sar 50

Allergy to (Wheat, Dairy, Eggs)

Ingredients

(Toast Bread, Lettuce, Eggs, Cheddar Cheese, Smoked Turkey, Smoked Beef ,Tomato, Mayonnaise)
(330 calories)

Pizza

Choose your Pizza with your topping Sar 60

(Seafood, Chicken, Vegetables)

Allergy to (Wheat, Fish, Shellfish, Dairy)

Ingredients

(Flour, Yeast, Olive Oil, Salt, Water, Cheese, Seafood, Chicken, Vegetables, Oregano)

Seafood Pizza (600 calories)

Chicken Pizza (612 calories)

Pizza Margarita Sar 45

Allergy to (Wheat, Dairy)

Ingredients

(Flour, Yeast, Olive Oil, Salt, Water, Cheese, Oregano)

(590 calories)

Pasta Sar 55

Allergy to (Dairy, Wheat, Eggs)

Choose your favorite pasta (Penne, Spaghetti) with your favorite sauce (Tomato, Meat, Cream)

Ingredients

(Flour, Eggs, Tomato, Olive Oil, Mince Beef, Cooking Cream)

Pasta Tomato Sauce (179 calories)

Pasta Meat Sauce (293 calories)

Pasta Cream Sauce (385 calories)

Dessert

Cheese Cake (Lemon, Caramel, Strawberry) Sar 45

Allergy to (Dairy, Eggs)

Ingredients

(Philadelphia Cheese, Eggs, Digestive Biscuit, Butter)

(509 Calories)

Carrot Cake Sar 45

Allergy to (Dairy, Eggs, Tree Nuts)

Ingredients

(Fresh Carrots, Sugar Powder, Eggs, Flour, Almond Powder, Cinnamon Powder)

(860 calories)

Um Ali Sar 40

Allergy to (Dairy, Tree Nuts)

Ingredients

(Milk, Puff Pastry, Whipping Cream, Nuts, Sugar, Coconut Powder)

(507.8 calories)

Oriental Arabic sweet Sar 45

Allergy to (Tree Nuts, Sesame)

Ingredients

(Sugar, Butter Ghee, Semolina, Coconut Powder, Eggs)

(285 calories)

Fruit Salad with Ice Cream Sar 45

Allergy to (Dairy)

Ingredients

(Fresh Fruit, Honey, Ice cream)

(200 calories)

Cold drinks

Soft drink Sar 8

Pepsi

Pepsi Diet

7 Up

7 Up Diet

Mirinda Lemon

Mirinda Orange

(.....)

Fresh Juice Sar 20

Orange Juice (112 calories)

Strawberry Juice (95 calories)

Mango Juice (128 calories)

Lemon Mint Juice (130 calories)

Guava Juice (158 calories)

(.....)

Mineral Water (Small) Sar 5

(.....)

Mineral water (Large) Sar 10

(.....)

Hot Drinks Sar 20

Turkish Coffee

(36 calories)

(.....)

Espresso Macchiato Allergy to (Dairy)

(31.6 calories)

Latte Macchiato Allergy to (Dairy)

(95.8 calories)

Cappuccino Allergy to (Dairy)

(97.5 calories)

Black Tea 1.8 calories Sar 15

Green Tea 2.5 calories Sar 15

(.....)

Swimming Pool Menu

Beef Burger Sandwiched served with French Fries Sar 55

Allergy to (Wheat, Dairy, Eggs, Sesame)

Ingredients

(Mince Beef, Sesame Bread, Lettuce, Tomato, Mayonnaise, Cheddar Cheese)

(240 Calories)

Chicken Nuggets Served with French Fries Sar 50

Allergy to (Wheat, Eggs)

(196 Calories)

Turkey Club Sandwich served with French Fries Sar 50

Allergy to (Wheat, Dairy, Eggs)

Ingredients

(Toast Bread, Lettuce, Eggs, Cheddar Cheese, Smoked Turkey, Smoked Beef, Tomato, Mayonnaise)
(330 calories)

Chicken Burger Sandwiched served with French Fries Sar 55

Allergy to (Wheat, Dairy, Eggs, Sesame)

Ingredients

(Mince Chicken, Sesame Bread, Lettuce., Tomato, Mayonnaise, Cheddar Cheese)
(252 calories)

Pizza

Pizza Margarita Sar 45

Allergy to (Wheat, Dairy)

Ingredients

(Flour, Yeast, Olive Oil, Salt, Water, Cheese, Oregano)
(590 Calories)

Um Ali Sar 40

Allergy to (Dairy, Tree Nuts)

Ingredients

(Milk, Puff Pastry, Whipping Cream, Nuts, Sugar, Coconut Powder)
(507.8 Calories)

Pasta Spaghetti Bolognese Sar 55

Allergy to (Dairy, Tree Nuts)

Ingredients

(Flour, Eggs, Tomato, Olive Oil, Mince Beef)
(293 calories)

Soft drink Sar 8

Pepsi

Pepsi Diet

7 Up

7 Up Diet

Mirinda Lemon

Mirinda Orange

(.....)

Fresh Juice Sar 20

Orange Juice (112 calories)

Strawberry Juice (95 calories)

Mango Juice (128 calories)

Lemon Mint Juice (130 calories)

Guava Juice (158 calories)

(.....)

Mineral Water (Small)

(.....)

Mineral Water (Large)

(.....)

Black Tea (1.8 calories) **Sar 15**

Green Tea (2.5 calories) **Sar 15**

(.....)

Cappuccino Allergy to (Dairy)

(97.5 calories)

Espresso Coffee

(23 calories)

(.....)

GO Healthy

Soup

Spinach Soup Sar 35

Spinach and Cabbage with Capsicums Flavored with Ginger

(74 calories)

(.....)

Soup-Five Spices Sar 35

Vegetable Broth with Mushrooms & Coriander and Chicken

(86 calories)

(.....)

Starters

Beat Root and Dill Cured Salmon with Apple Vinegar and Arugula Leaves Sar 45

Allergy to (Fish)

(262 calories)

Mix Green Leaves Apple Vinegar Olive Oil Fresh Lemon Juice Sar 40

(20 calories)

(.....)

Main Course

Steamed Fish Fillet with Shaved Garden Green, Steam Vegetables Sar 70

Allergy to (Fish)

(138 calories)

Braised Veal with Vegetables and Couscous Sar 70

Allergy to (Wheat)

(130 calories)

Desserts

Swiss Style "Ruebli" Cake with Local Free Carrots Sar 32

Allergy to (Dairy. eggs. Tree nuts)

Ingredients

(Fresh Carrots, Sugar Powder, Eggs, Flour, Almond Powder, Cinnamon Powder)

(860 calories)

Seasonal Local Fresh Fruits Slice Sar 40

(291 calories)

(.....)

Kids Menu

Chicken Sandwich Sar 50

Allergy to (Wheat, Dairy)

(Chicken Breast, Cheese, Vegetables, Toast)

(468 calories)

Tagliatelle Sar 55

Allergy to (Wheat, Eggs)

(Spinach Tagliatelle with Steam Broccoli and Tomato Sauce)

(250 Calories)

Chicken or Beef Burger Sandwiched served with French Fries Sar 55

Allergy to (Wheat, Dairy, Eggs, Sesame)

Ingredients

(Mince Chicken, Mince Meat, Sesame Bread, Lettuce, Tomato, Mayonnaise, Cheddar Cheese)

Chicken Burger (252 calories)

Beef Burger (270 calories)

Chicken Nuggets Sar 50

Allergy to (Wheat, Eggs, Dairy)

Chicken Nuggets Served with French Fries

(196 Calories)

Pasta

Spaghetti - Bird Nest Tomato Sauce Sar 55

Allergy to (Wheat, Eggs)

Ingredients

(Spaghetti, Baby Mozzarella Cheese, Parmesan Cheese, Tomato)

(271 Calories)

Pizza Margherita with Tomato Sauce and Mozzarella Sar 45

Allergy to (Wheat, Dairy)

Ingredients

(Tomato Sauce, Cheese, Oregano)

(590 Calories)

Dessert

Movenpick Ice Cream 1 scop Sar 10

(243 Calories)

Fresh Fruit Snacks Sar 40

Ingredients

(Fresh Fruits with Yoghurt)

(70 Calories)

(Dairy)

Fresh Banana and Berries served with Low Fat Chocolate Milk Sar 40

(138 Calories)

(Dairy)

Movenpick Signature Dish

Tomato Soup Sar 30

Allergy to (Dairy, Wheat)

Ingredients

(Red onion, Fresh Tomato, Fresh Garlic, Olive Oil, Basil Leaves, Broth)
(216 Calories)

Beef Tartar Sar 50

Allergy to (Eggs)

Ingredients

(Beef Tenderloin, Shallot Onion, Egg Yolk, Parsley, Capers)
(120 calories)

Caesar Salad Sar 55

Allergy to (Dairy, Eggs, Wheat)

Ingredients

(Lettuce, Chicken, Crouton, Parmesan Cheese, Caesar Dressing)
(530 Calories)

Sandwiches

Gruyere Beef Burger Sar 55

Allergy to (Wheat, Dairy, Eggs, Sesame)

Ingredients

(Mince Beef, Sesame Bread, Red Onion, Lettuce, Tomato, Mayonnaise, Cheddar Cheese)
(240 Calories)

Main Course

Veal Zurich Style Sar 100

Allergy to (Dairy)

Ingredients

(Veal Tenderloin, Mushroom, Cooking Cream)
(263 Calories)

Desserts

Swiss Carrot Cake Sar 45

Allergy to (Dairy, Eggs, Tree Nuts)

Ingredients

(Fresh Carrots, Sugar Powder, Eggs, Flour, Almond Powder, Cinnamon Powder)

(860 calories)

Movenpick Ice Cream 1 scop Sar 10

Allergy to (Dairy, Tree nuts)

(243 calories)

Vegan Menu

Soup Sar 30

Corn with Spinach Soup

Ingredients

(Spinach, Sweet Corn, Onion, Ginger)

(403 Calories)

(.....)

Salad Sar 55

Quinoa Salad

Ingredients

(Quinoa Seed, Mix Vegetables, Olive Oil, Salt, Lemon Juice, Pepper)

(150 Calories)

(.....)

Main Course Sar 65

Cauliflower Biryani Allergy to (Dairy)

Ingredients

(Rice, Cauliflower, Yoghurt, Corn Oil, Biryani Masala)

(810 Calories)

Organic Menu

Shrimp and Avocado Pasta Salad Allergy to (Shellfish) 70 SAR

Ingredients

(Shrimp, Avocado, Pasta, bell pepper, Olive Oil, Salt, Pepper)

(175 Calories)

Stuffed Organic Chicken Breast 120 SAR

(Chicken Breast, Mushroom)

(200 Calories)

(.....)